

GAMES ARE

Winning and losing isn't the main objective.

LIKE A

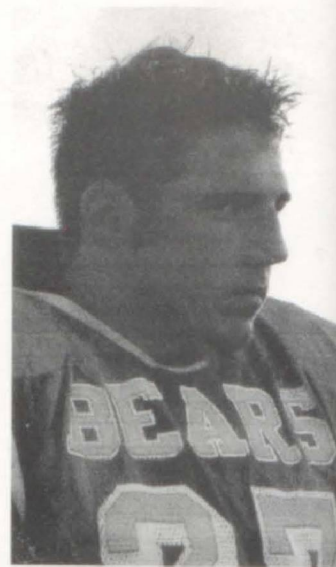
It is about the ride you get to enjoy

ROLLER COASTER

while having the time of your life.

OF EMOTIONS

ALL-STAR As the sun is setting, *Jeremy Polash* takes a breather to watch his team at work. Work is what it took for the Bears to win four out of their nine games this season.



C. Prikasky

The crowd is roaring with excitement as the game rolls into its final minutes. You are standing in the huddle, trying to get instruction on the next play from the coach, but you just can't help looking up into the stands at all those screaming fans. You feel the urge to go out and do exactly what the crowd wants you to do. You don't even care if you win or lose anymore; all your adrenaline is rushing and you just want to be out there, giving it your all.

This is the feeling that many athletes like *TJ Good* get when they let themselves get fully into the game.

"You're out on the floor and you just know what you have to do. It's like a second sense," *TJ* explained.

Sometimes games can get so intense that the players have a hard time controlling the feelings of rage from a bad call or

an unnecessary elbow to the gut.

Some games can be memorable and it's not always because of the feeling you had or because your team won. It can just be because of who you played them with or the ride home on the bus.

As for *Lyndsay Goward*, she will always remember her basketball game against Fowler because of what she did before the game.

"My best friend and I went for a joyride in her car," stated *Lyndsay*.

Even though the girls' sports programs saw a great deal of improvement this year, the guys weren't so lucky. But the winning and losing part wasn't important to them... it was all about getting to spend time with their friends.

Stacy Densmore

